



# Psychology 100

## Introduction to Psychology



Tacoma Community College

PSYC& 100 – Winter 2022

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# Catalogue Course Description

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Introduction to psychology as an academic discipline, including research methods, the nervous system, heredity and development, social behavior, motivation, emotion, learning and memory, cognition, personality, and psychological disorders.

## Introduction

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This course is taught in a classroom setting though we will also use a virtual classroom in the Canvas Learning Management System to enhance the learning experience. Various assignments and study tools will be available in the Canvas classroom. The use of Canvas will be discussed on the first day of class.

## Specialization

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Click [here](#) or go to <https://www.tacomacc.edu/academics-programs/programs/psychology> to get information on an academic career in psychology.

## Required Material

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You will need a pack of standard size Scantron assessment forms #882-E. These are available in the bookstore. You will need a number 2 pencil to complete assessments using the Scantrons.

# Textbook

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## REQUIRED –

The textbook for this class is provided free of charge to you. You will find a URL link in the Canvas classroom that contains the entire text. When you open the text, you'll see a tab that allows you to download a PDF file of the text. For weekly practice quizzes you will need to use the online version of the text. Further instructions for accessing the text can be found in the Canvas class under Student Resources. If you prefer to have a hardcopy of the text, a link will be provided that allows you to order the book at nominal fee. Having a hardcopy of the text is not a requirement for the class.

# Learning Objectives

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Degree Learning Outcomes are located at:

[www.tacomacc.edu/abouttcc/missionvisionandstrategicplan/](http://www.tacomacc.edu/abouttcc/missionvisionandstrategicplan/)

Program Learning Outcomes are located at:

[www.tacomacc.edu/catalog/11-12catalog/program-learning-outcomes-plo.htm](http://www.tacomacc.edu/catalog/11-12catalog/program-learning-outcomes-plo.htm)

Course Learning Outcomes for psychology are:

1. Identify the major psychological principles and theories and understand how they apply to real life situations.
2. Describe how psychological evidence presented in this course has been acquired through the use of the scientific method.
3. Demonstrate an awareness of human diversity and understanding that psychological explanations may vary across populations and contexts.
4. Demonstrate reasonable skepticism and intellectual curiosity by asking questions about causes of behavior.
5. Demonstrate an understanding of basic processes such as neural communication, learning, memory, group processes, personality, and human development.

# Course Requirements

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- ✚ Reading the chapters of the textbook as assigned.
- ✚ Attending the class is mandatory. Each class meeting is worth 20 points toward your final grade. Coming to class late or leaving early will result in a loss of participation points. In-class assignments and discussions are vital for a successful learning experience.
- ✚ Completing all in-class exams.
- ✚ Completing various assignments offered throughout the term.

## Basic Information

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- ✚ There are three exams based on the text and discussions we have throughout the course. You are responsible for the basic concepts and applying them. All exams are multiple-choice. Make up exams are not available. If you miss an exam or quiz, you lose the points for that assessment.
- ✚ You can view the exam dates on the calendar in the Canvas classroom.
- ✚ Extra credit is not offered and missed assignments or assessments will not be given as make up work.
- ✚ Be aware of the dates by which you may withdraw from the class if necessary. These dates are posted in the academic calendar found on the school's website at [www.tacomacc.edu](http://www.tacomacc.edu) . You will not be withdrawn simply because you stop doing your work and/or coming to class; in that case, you will receive a grade of "E." Please note that dropping classes may have an impact if your financial aid is contingent on being a full-time student.

The financial aid advisors in the counseling office can assist you with questions regarding your financial aid benefits. If you are participating in the financial aid program and wish to drop the class even on the first day, please contact me immediately to discuss the possible consequences on your financial aid status of withdrawing before participating in class. Simply showing up for the first day of class does not constitute “participating” in class.

- ✚ Due dates: I do not accept late work and strict deadlines are in place.
- ✚ If you have any questions or concerns about the class, please contact me in person or by messaging me through the Canvas classroom. You may also send me an email at [cbrewer@tacomacc.edu](mailto:cbrewer@tacomacc.edu) . If we are unable to resolve your concerns, you may contact Dr. Craig Cowden, Chair for Social Sciences. Dr. Cowden can be reached by phone at 253-460-4327 and by email at [ccowden@tacomacc.edu](mailto:ccowden@tacomacc.edu) .
- ✚ This syllabus and the schedule are subject to change in the event of extenuating circumstances.

## Classroom Etiquette

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You do not have to ask permission to leave the classroom during the class period but please limit disruptions by using the restroom before class and otherwise preparing yourself to stay in the room the entire class time. Please do not work on homework from other classes during my class period.

# Lesson Plan

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The lesson plan is clearly mapped out in the Canvas classroom and is available by clicking on the “Modules” link from within the class homepage. Clicking on the “calendar” link will give you an overview of the class topics for the term. All instruction will adhere to the guidelines of Universal Design for Learning.

Instruction will be delivered via:

-  Lecture
-  Multimedia presentation
-  Collaborative learning
-  Class discussions
-  In class activities
-  Continuous feedback
-  Homework in the Canvas classroom

# Evaluation Criteria & Grading Standards

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Your grade will be determined by the scale below and will be visible in the Canvas classroom by clicking the grade tab. You can see individual assignment grades as well as your overall class grade at any given time.

A	100 – 94%	4.0 – 3.9
A-	<94 – 90%	3.8 – 3.5
B+	<90 – 87%	3.4 – 3.2
B	<87 – 84%	3.1 – 2.9
B-	<84 – 80%	2.8 – 2.5
C+	<80 – 77%	2.4 – 2.2
C	<77 – 74%	2.1 – 1.9
C-	<74 – 70%	1.8 – 1.5
D+	<70 – 67%	1.4 – 1.2
D	<67 – 65%	1.1 – 1.0
F	<65 – 0%	

There are three weighted grading categories that make up your overall grade as follows: Exams 30%, attendance/participation 15%, and homework 55%. Your two lowest homework scores will be dropped. Attendance is mandatory as excessive absence disrupts the learning process. Missing more than five class periods over the course of the term will result in your final grade for the class being lowered by one full letter grade. Coming to class late and/or leaving early will result in a loss of attendance points for that class period. Twenty points will be added to your attendance score at the end of the term to accommodate one “free absence” day. The final exam will only be available on the date noted in Canvas. Exceptions will not be made for any reason. Do not plan vacations or other absences during finals week.



# Accommodations

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Your access in the learning environment is important to me. If you have already established disability accommodations with the Access Services office, please share your approved accommodations with me at your earliest convenience so we can discuss your needs in this course. You can request that Access Services email your Letter of Accommodation to me, or you can provide me with printed copies.

If you have a disability or health condition that may benefit from accommodations to ensure access and support success in this course—and have *not yet* established services, please contact Access Services at (253) 460-4437 or [access@tacomacc.edu](mailto:access@tacomacc.edu).

Access Services offers resources and coordinates reasonable accommodations for students with disabilities and/or temporary health conditions. Services are established through an interactive process that begins with an intake appointment. Access Services is located in Building 7.

Reasonable Accommodations for Religion/Conscience: Students who will be absent from course activities due to reasons of faith or conscience may seek reasonable accommodations so that grades are not impacted. Such requests must be made within the first two weeks of the quarter and should follow the procedures listed in the [Leave for Faith & Conscience policy webpage](#).

## Classroom Visitors

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Please do not invite friends or family to “sit in” with you during class. Non-registered visitors will not be allowed in the classroom during the class period. If you have young children and are not able to arrange childcare during class time, you will need to miss class until arrangement for care has been made. Please do not bring animals into class unless registered as a service animal and you have appropriate documentation as such.

## Academic Dishonesty

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TCC Students are expected to be honest and forthright in their academic endeavors. Academic dishonesty is inconsistent with the values and mission of Tacoma Community College. Cheating, plagiarism, and other forms of academic dishonesty are violations of the Code of Student Conduct. Sanctions for acts of academic dishonesty committed in this course are as follows: As stated in the TCC Catalog, ‘Students are expected to be honest and forthright in their academic endeavors. Cheating, plagiarism, fabrication or other forms of academic dishonesty corrupt the learning process and threaten the educational environment for all students. (pg. 33) In this course, sanctions for academic dishonesty will be as follows: Academic dishonesty will result in a failing grade for the assignment and/or the quarter. Direct copying is prohibited unless accompanied by a citation in APA format. Incorrect citation and referencing will result in a loss of points.

You each have a voice and while borrowing from others is appropriate at times with proper credit given, I want to hear your voice and what you have to say about psychology. **Plagiarism in any form absolutely will not be tolerated.** Scanning yourself as present for class and then leaving is considered academic dishonesty and will be treated as such. Only scan yourself in for class. Do not scan your friends in with their codes.

## Final Grade Grievance

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Students who believe they have received a final course grade that has been awarded improperly or in an arbitrary or capricious manner may grieve or appeal the grade. Details of the process are located on the TCC Portal at : [https://my.tacomacc.edu/uPortal/p/StudentForms.ctf9/max/render.uP?pCm=view&pP\\_NSHistoryParam=21426%2C21435%2C21435%2C26224&pP\\_struts.portlet.action=%2Fview%2Findex&pP\\_ticket=ST-215398-bcm1AKn0zYfxmqTwgrVm-portalsvr2.tccnet.edu](https://my.tacomacc.edu/uPortal/p/StudentForms.ctf9/max/render.uP?pCm=view&pP_NSHistoryParam=21426%2C21435%2C21435%2C26224&pP_struts.portlet.action=%2Fview%2Findex&pP_ticket=ST-215398-bcm1AKn0zYfxmqTwgrVm-portalsvr2.tccnet.edu)

## Electronic Devices

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Cell phones must be silenced and stored upon entering the classroom. Do NOT leave your cell phone on the desk during class. Those using cellphones for any purpose including but not limited to talking, texting, or taking pictures of slides will be asked to leave the class for the remainder of that class period. You will then lose the participation points for that day. You may return to class at the next scheduled meeting. Using a cellphone during an examination will result in a failing grade for that assessment. The use of notebook computers or tablets in the classroom is not allowed without prior approval.

# Office Hours

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I am available daily by email at [cbrewer@tacomacc.edu](mailto:cbrewer@tacomacc.edu) . I check this often though I will never be more than twenty-four hours in responding to your email during the normal school term. As this class is web enhanced, we will have a Canvas virtual classroom as well as our classroom on campus and messaging me through that system will result in the quickest response. My office hours for winter term are Mondays and Wednesdays from 4:00-4:30 and will be held in the classroom right after class. If you need to meet with me at an alternate time, send me a message via Canvas and we'll set a time to meet. You can leave a message for me at 253-460-2424 though messaging me through the Canvas system (inbox) will result in the quickest response.

# Diversity and Inclusion Statement

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In an ideal world, science would be objective. However, much of science is subjective and is historically built on a small subset of privileged voices. In this class, we will make an effort to read papers from a diverse group of scientists, but limits still exist on this diversity. I acknowledge that it is possible that there may be both overt and covert biases in the material due to the lens with which it was written, even though the material is primarily of a scientific nature. Integrating a diverse set of experiences is important for a more comprehensive understanding of science. I would like to discuss issues of diversity in psychology as part of the course from time to time.

I would like to create a learning environment for my students that supports a diversity of thoughts, perspectives and experiences, and honors your identities (including race, gender, class, sexuality, religion, ability, etc.) To help accomplish this:

If you have a name and/or set of pronouns that differ from those that appear in your official Pierce college records, please let me know!

If you feel like your performance in the class is being impacted by your experiences outside of class, please don't hesitate to come and talk with me. I want to be a resource for you.

I (like many people) am still in the process of learning about diverse perspectives and identities. If something was said in class (by anyone) that made you feel uncomfortable, please talk to me about it.

As a participant in course discussions, you should also strive to honor the diversity of your classmates.


# Safe Zone

I am a member of Safe Zone here at Tacoma Community College. My office and classrooms are Safe Zones for LGBTQ students to speak openly about any issues that specifically affect them. You need not be a LGBTQ student to discuss issues concerning this population with me. You are Safe!

A place where LGBTQ\* students can:

- have conversations
- receive support & understanding
- find resources

[www.tacomacc.edu/safezone](http://www.tacomacc.edu/safezone)

 TACOMA  
COMMUNITY  
COLLEGE

\*Lesbian, Gay, Bisexual, Transgender, Queer and Questioning

## What is Safe Zone?

Safe Zones are offices, student lounges and other areas on campus where LGBTQ students and allies can openly discuss issues that specifically affect them. Participants can be instructors, administrators, staff and other students regardless of sexual orientation.

## Why Safe Zone?

For some students, the transition to college can be an extremely difficult time. For LGBTQ students, this transition can be even more difficult due to the increased stress and isolation that is commonly associated with identifying as part of an oppressed group. Creating a safe climate for all students is the responsibility of any academic institution, and supports TCC's mission to promote diversity.



## Where do I find allies and advocates at TCC?

All staff and faculty displaying a Safe Zone sticker have completed Safe Zone training here at TCC, and have committed themselves to being allies and advocates. To find a directory of these staff and faculty members, visit [www.tacomacc.edu/safezone](http://www.tacomacc.edu/safezone).

## Campus and Community Resources

- **Pride and Allies Club (PAC)** is a TCC student organization that brings LGBTQ students together with their supporters on TCC's campus and in the larger community. For current information, visit Student Life, Bldg. 11 or call 253.566.5118.
- **TCC Counseling Center** Bldg. 7 P: 253.566.5122
- **Committee on Access, Respect and Equality for Sexual Identity (CARES)** is a TCC staff and faculty committee.
- **Oasis Youth Center** in Tacoma is open to LGBTQ youth ages 14-24. [www.oasisyouthcenter.org](http://www.oasisyouthcenter.org)
- **Rainbow Center** in Tacoma provides a centralized source of information for and about the gay, lesbian, bisexual and transgender communities. [www.rainbowcntr.org](http://www.rainbowcntr.org)