**Tacoma Community College 2024-2025 Approved Distribution Course List**

**Bold courses** indicate Common Course Numbers that are notated with an ampersand (&) (ie: ENGL& 101).

**COMMUNICATION**

English: **101**, **102**, 103, **235**

# Communication Studies: 102, 110, 220, 230, 240, 320, 330

# QUANTITATIVE / SYMBOLIC REASONING

Math: **107**, **131**, **132**, 136, **141**, **142**, **146**, 147,

**148**, **151**, **152**, **153**, 179, 220, 238, **254**

# HUMANITIES

*[Asterisks (\*) indicate Performance or Skills courses]*

Anthropology: **207**

Art: **100**, 102\*, 103\*, 105\*, 125\*, 130\*, 145\*, 147\*, 150\*, 155\*, 170\*, 180, 199, 201, 202, 203, 205\*, 225\*, 230\*, 245\*, 247\*, 250\*, 255\*, 270\*, 296\*

Communication Studies: **101**, **102,** 110, **210**, **220**, **240,** 320

Engineering: **114**

English: **220**, **226**, **227**, 234, 242, **244**, **245**, **246**, 261, 262,

271, 276\*, 278\*, 279\*, 280,   
History: **219**, 231

Humanities **101**, 110, **116**, **117**, **118**, 120, 130, 179, 285,

Languages: Chinese **121**, **122**, **123**; German **121**, **122**, **123**,

201, 202; Japanese: **121**, **122**, **123**; Lushootseed: 121, 122, 123 Spanish: **121**, **122**, **123,**

**221, 222, 223**

Music: **105**,106, 110, 120, 122\*, 124\*, 125\*, 126\*, 131\*,

132\*, 133\*, 134\*, 135\*, 136\*, **141**, **142**, **143**, 151\*, 152\*, 160\*, 161\*, 165\*, 179, 231\*, 232\*, 233\*, 234\*, 235\*, 236\*, **241**, **242**, **243**, 252\*, 260\*, 261\*, 265\*

Philosophy: **101**,201, 202, 320

# SOCIAL SCIENCES

Anthropology: **100**, **204**, **205**, **206**, **207**, **210**, 220, **237**, **245**

Business: **101**, 150, **201**, 310, 330

Economics: **201**, **202**

Education: **205**, 220

Engineering: **104**

History: **126**, **127,** **128**, **146**, **147**, **148**, 210, 211, **214**, **219**,

**220**, 230, 231, 240, 244, 249

Political Science: **101**, **201**, **202**, **203**, 231, 240

Psychology: **100**, **180**, **200**, 202, 205, 209, **220**, 240, 360

Sociology: **101**, 120, 200, **201**, 205, 222, 238, 255, 262, 265,

271, 287

Social Science: 204, 205

|  |
| --- |
| Sociology: **101**, 120, **201**, 205, 222, 238, 255, 262, 265,287  ***Non-Distribution Multicultural (do NOT satisfy any Distribution***  ***requirements; may apply to Other College-Level Electives):*** *CHP 260,*  *CHP 440, ECE 130, HD 110, HSP 126* |

**NATURAL SCIENCES (*Courses with an “L” include a lab)***

**Biological, Earth, and Physical Sciences Courses:**

Anthropology: **205**, **237**, **245**

Astronomy: **110L, 115L**

Biology: **100L**, 105L, 110L, 125L, 140L, **160L**, **175L**, 179, **221L**, **222L**, **223L**, **241L**, **242L**, **260L**

Botany: 101L, 179

Chemistry: **110L**, **121L**, **131L**, **140L**, **161L**, **162L**, **163L**, **261L**, **262L**, **263L**

Environmental Science: **101L**, 105L, 179, 210L

Geography: 205L, 210L,

Geology: **101L**, 108L, 125L, 179, **208L**

Nutrition: **101**

Oceanography: **101L**, 179

Physics: **114L, 115L, 116L, 221L, 222L, 223L**

Science: 105L,

**General Science Courses:**

Health Information Technology: 161

Nutrition: 250, 251

# GENERAL DISTRIBUTION COURSES (Electives)

Accounting: **201, 202, 203**

Business: 256

Computer Science: 120, 142, 143

Early Childhood Education: **105**

Education: **115**

Engineering: 170, **204**, **214**, **215**, **224**, **225**, 240

Physical Education: 100, 106, 108, 109, 111, 118, 122, 126, 134, 135, 136, 140, 142, 155, 170, 171, 175, 200, 201, 208, 222, 226, 233, 236, 237, 241, 295

Non-Activity Physical Education: 190, 191, 285, 292

**Only 3 Activity PE credits can be used towards a degree. Non-Activity PE can be used in excess of 3 credits.**

# MULTICULTURAL

Anthropology: **100**, **206**, **207**, **210,** 220

Art: **100**

Business: 150

Communication Studies: **102,** 110, **240**

Education: 220

English: **227**, 234, 242, **244**, **245**, **246**, 261, 262, 271, 280

History: **126**, **127**, **128**, 210, 211, **219**, **220**, 230, 231, 240

Humanities: **101**, 110, **116**, **117**, **118**,120

Languages: Chinese **121**, **122**, **123**; German **121**, **122**, **123**, 201, 201, 202; Japanese: **121**, **122**, **123**; Lushootseed: 121, 122, 123 Spanish: **121**, **122**, **123, 221, 222, 223**

Music: 106

Psychology: **200**