Learning Styles Preference Inventory (Math Specific)

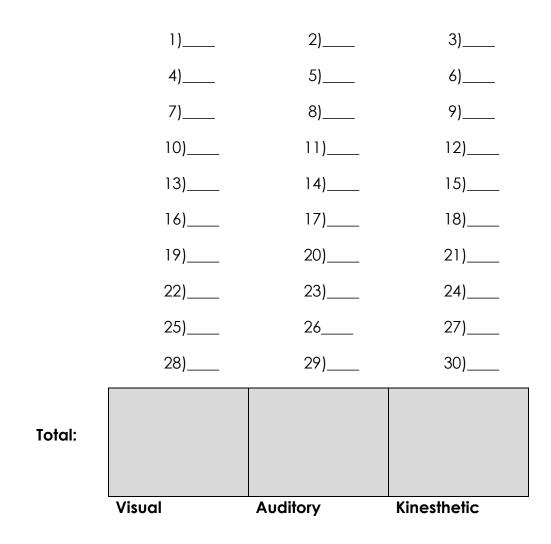
Read each statement and select the appropriate response number as it applies to you.

0	ften – 3	Sometimes - 2	Seldom/Never- 1
1)	I remember mo	ath better if I write it dowr	1.
2)	Hearn best from	n a lecture and worst fror	m the whiteboard or textbook.
3)	I learn best in m	nath when I just get in and	d do something with my hands
4)	I prefer to study	math in a quiet place.	
5)	I hate taking no	otes; I prefer just to listen t	o lectures.
	I learn and stuc pencil etc.	ly math better when I ca	n pace the floor, shift positions
7) writing it		to understand math whe	en someone explains it without
-	I have difficulty verbally explain	· ·	is on the board unless the
9)	I learn math be	st when I can manipulate	e or use hands-on examples.
10) It helps when I	can picture working a pro	oblem out in my mind.
11	I can remembe	er more of what is said to	me than what I see.
12	I usually can't v	erbally explain how I solv	ed a math problem.
13	I enjoy writing o	down as much as I can in	math.
14	The more peop	le explain math to me, th	ne faster I learn it.
1 5] learn.) I can't just be s	hown how to do a proble	em; I must do it myself so I can
	I need to write per them.	down all the solutions and	d formulas in order to

This survey is adapted from Conquering Math Anxiety, by Dr. Cynthia A. Arem.

Learning Styles Inventory Scoring Guide

Write your score for each statement beside the appropriate number below, then add all the scores in each column.



The largest number in the total of the three columns above indicates your dominant learning style.